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They/Them

Follow Lor Sabourin into the sandstone canyons of northern Arizona as they piece together five of the hardest pitches of their climbing career and a climbing community where everyone can thrive as their authentic self.

[Watch Film](#)

2021 / 109 Min

Content Warning: This film includes discussions of eating disorders, body dysphoria, self-harm, sexual assault, and suicide. While we have done our best to explore these topics conscientiously, remember that we are looking through the lens of a single person's experience. Please take care of yourself as you watch and use the resources provided at the bottom of this page to find support if you are struggling with any of these topics.

For Lor Sabourin, climbing is more than a sport; it's a way of exploring identity and building resilience in the face of adversity. *They/Them* follows Lor, a trans climber, into the sandstone canyons of northern Arizona, on a journey to piece together one of the hardest and most inspiring routes of their life. By embracing the strength in vulnerability, Lor has found the space to thrive and build a climbing community that others like themselves can call home.

If you or a loved one is experiencing a mental health crisis, there are organizations that can help:

[The Trevor Project](#): 1-866-488-7386

[Trans Lifeline](#): 1-877-565-8860

[National Suicide Prevention Lifeline](#): 1-800-273-8255

[National Eating Disorders Association Helpline](#): 1-800-931-2237

ACLU

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The Transgender Law Center

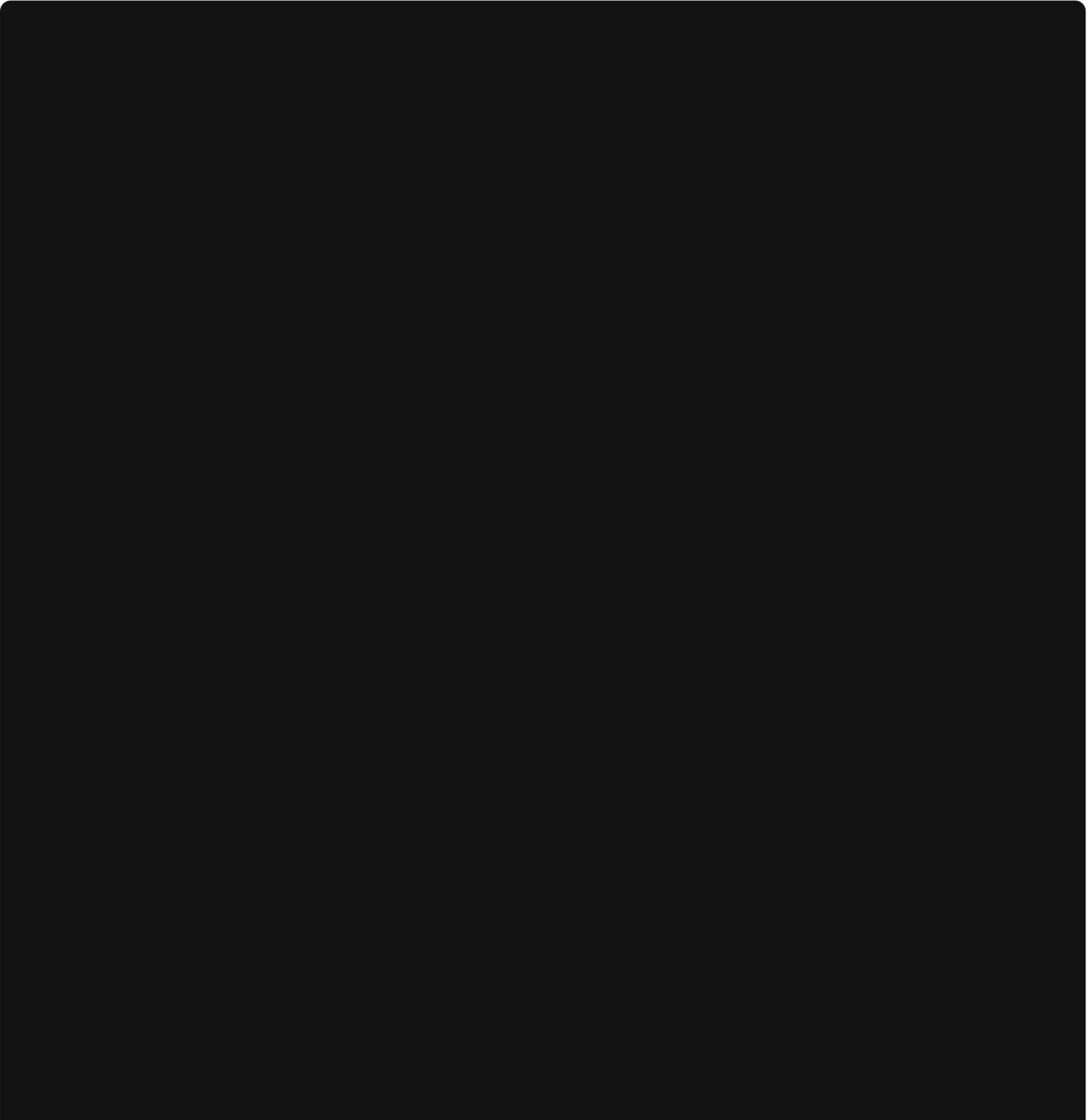
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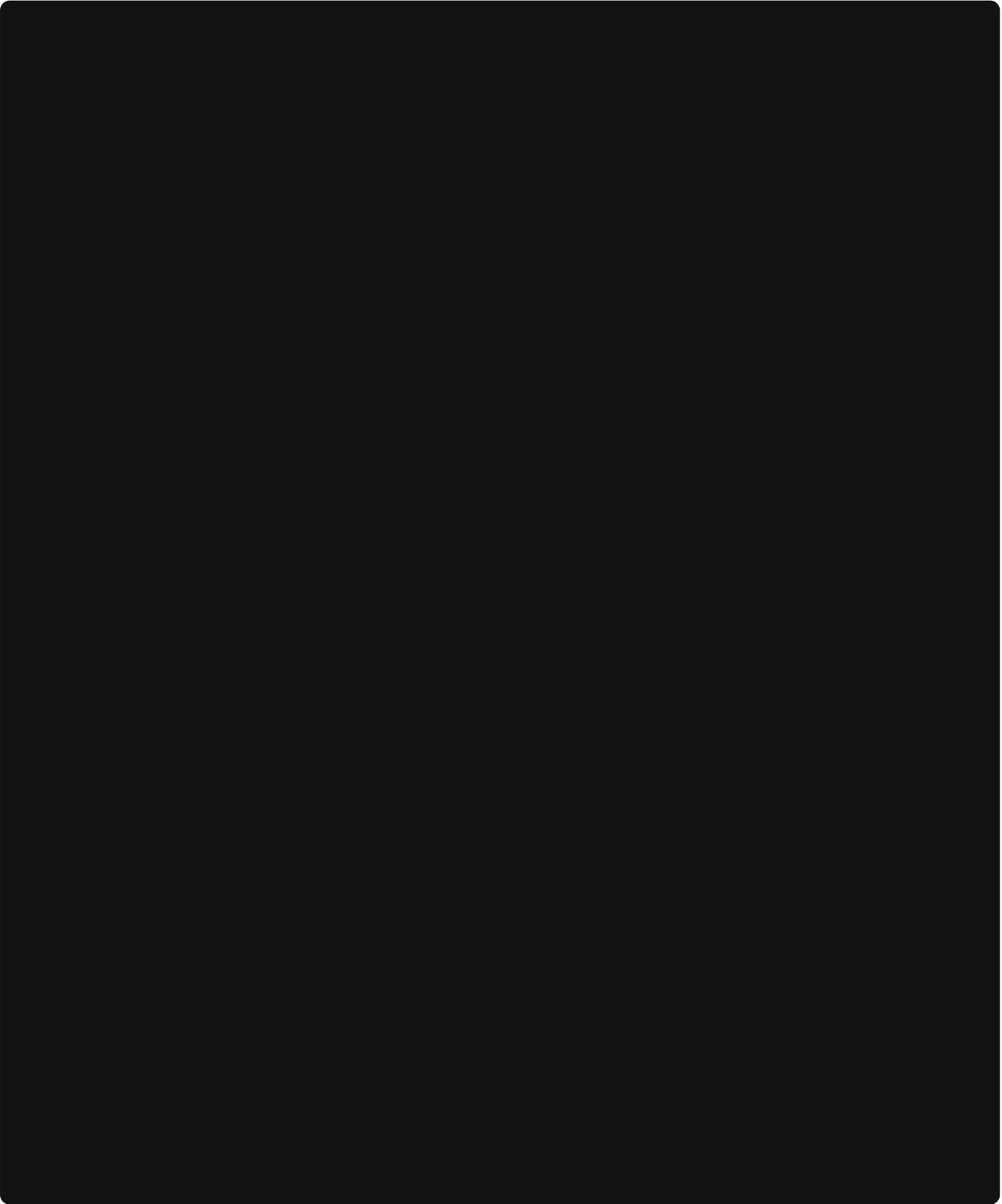
Sylvia Rivera Law Project

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